

To all of the patients of Carolina Mountain Dental,

It is with great honor that I have been given the opportunity to continue the care that Dr. Efird and Dr. Dimsdale have so diligently provided to all of you over the last few years. You all have grown accustomed to unmatched service, integrity, professionalism, and excellence from Dr. Efird and his staff and it is my goal to ensure that all of these values are maintained. I'd love to share with you my journey to Hendersonville, NC. I could not be more excited to call this place home!

I was born in Hickory, NC and grew up on a horse farm not far outside Hickory. Growing up and still to this day, I've always loved playing music on any instrument I could get my hands on. I also loved sewing, woodburning, or all types of crafts. Around the age of 8, my older brother got braces and I became fascinated with the medicine meets art that is dentistry. From then on, I knew that I was going to be a dentist when I grew up and really never wavered. I completed my Bachelors of Science in Biology in three years at Virginia Commonwealth University in Richmond, VA graduating with honors. During this time, I worked as a dental assistant learning from two wonderful General Dentists. I attended Dental school at the University of Maryland in Baltimore where I soaked up as much dental knowledge and experience as I could. Graduating from dental school, I had the desire to continue my education closer to home by completing a one-year Advanced General Dentistry Residency at East Carolina University School of Dental Medicine in Spruce Pine, NC. Since finishing my training, I have been working in Asheville in a small private practice. The experience there has help solidify and translate my education into practice. It was wonderful to be back in my home state and close to family again. I have always loved hiking the mountains of western NC with my pup and knew as soon as I came across the town of Hendersonville that I wanted to be a part of the community here.

While the practice will have a new name, Autumn Dental, familiar faces will remain on board. I look forward to meeting all of you and your families. Thank you all for this opportunity to serve you!



Sincerely,

*Colleen Allen, DDS*

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